

- An Introduction to Somatic Experiencing, Somatic Trauma Resolution or Biodynamic Craniosacral Therapy
- One process workshop with Myrna Martin
- A complete application form
- Initial payment

- Containment, orienting, resourcing, empowerment so client can effectively resolve imprints
- Recognizing early imprints in family and couple dynamics

- Using therapeutic verbal, energetic and touch skills effectively for nervous system healing and regulation
- Using sand play and art therapy in the context pre and perinatal therapy

protocols for resourcing, resolving and repatterning attachment trauma in newborns, children and adults.

Year 1: Module II - Preconception Conception Journey

The embryology and imprinting in this period is delineated and related to attachment/self regulation. We will further develop skills of orienting, tracking and titrating autonomic nervous system cycling, fluid tide dynamics, modulating therapeutic pace, recognizing the therapeutic leading edge. We will continue to work with establishing healthy differentiation and connection within a boundary structure.



Year 1: Module III - Birth Imprinting

This module includes the vaginal birth process, birth stages, pelvic types, cranial molding, birth movement patterns and an introduction to complications. Trainees will explore their own birth passage.

Year 1: Module IV - Chemical and Surgical Imprinting

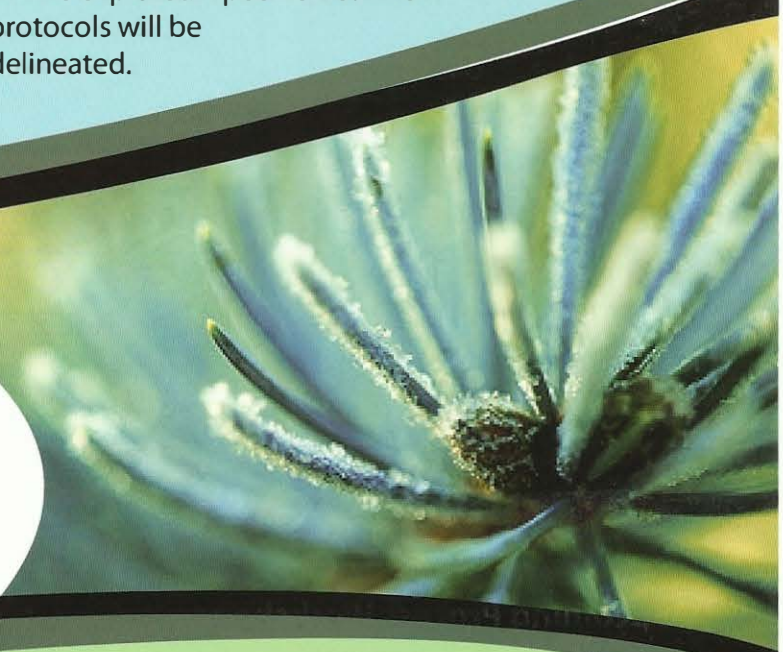
Chemical imprinting includes prenatal drug exposure, anesthesia, analgesics, and induction drugs. Surgical imprinting includes forceps, vacuum extraction, cesarean section and prenatal and infant surgery. The effects of surgical and chemical imprinting on prenatals and babies' psyches, movement patterns, physical structure, energy patterns and the central nervous system will be explored. Specific treatment protocols will be delineated.

6. Couples Work from an attachment perspective
7. Group Dynamics in Process Workshops
8. Sand and Art play therapy in Pre and Perinatal Psychology

Five of these modules will be required for graduation with an Advanced Diploma.

Application Forms are available at
www.myrnamartin.net

Or healthwaveinstitute.com



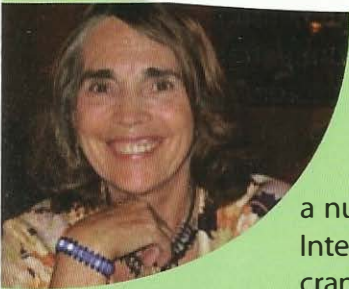
Myrna Martin MN, RCC, RCST®

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About Myrna

Myrna has 35 years experience working with people therapeutically as a nurse, public health nurse, family therapist, Integrative Body/Mind Therapist (IBP) and a craniosacral therapist. For many years she was Director of Nelson and Area Mental Health Services. Myrna has been studying and practicing early trauma resolution work with babies, children and adults for the past 25 years. Myrna offers infant/child focused family therapy for pregnant couples and families with children as well as couple and individual work.

She also travels to the USA, England and Europe facilitating process workshops for

adults, as well as trainings and seminars for professionals. Myrna has studied extensively with Dr. William Emerson and Dr. Ray Castellino. She is Director of the Kutenai Institute of Integral Therapies. Myrna is a Registered Nurse with a Masters' degree in Family Therapy and an approved teacher by the Biodynamic Craniosacral Association of North America. She is a member of the BC Association of Clinical Counsellors, the American Association of Prenatal and Perinatal Health and Psychology, the BC Adoption Association and the Western Canada Infant Mental Health Association. Myrna co-chaired the Science Meets Our Hearts APPPAH conference in 2008.

Myrna is married and has three grown children. She and her partner of 32 years live in the country near Nelson where they are avid gardeners, hikers and explorers of community and spiritual consciousness.

www.healthwaveinstitute.com

Pre and Perinatal Training: Starting April 2013
in Charlottesville, VA